

# VIVEKANANDA TRAVELS (P) LTD SINCE 1971

RECOGNIZED & APPROVED BY GOVT. OF INDIA MINISTRY OF TOURISM

MOBILE: 8943888803 | 8943888842 | 8943888840

Email: sales@vivekanandatravelspltd.com

Web : www.vivekanandatravelspltd.com

## KAILASH & MANSAROVER PILGRIMAGE 2019 - A SPIRITUAL PILGRIMAGE FOR A BETTER LIFE

### Special And Exclusive Rate

**KATHMANDU - NEPALGUNJ- SIMIKOT- HILSA-PURANG-  
MANASASAROVAR-DERAPHUK-DOLMAPASS-ZUTHULPHUK**  
TOUR CHARGE PER PAX: 219500/-

Duration - 14 D/ 13 N  
Trip code - 265 IN

#### Tentative Itinerary And List Of Inclusions / Exclusions

##### Day 1

18.06.2019

Tuesday

6 PM assemble at Hotel near Nedumbasery Airport and a meeting will be organized to explain regarding the package. Dinner and night rest at Nedumbasery hotel (the pilgrims can check in the hotel after 12 Noon as per their traveling convenience )

##### Day 2

19.06.2019

Wednesday

Early Morning Journey to Kathmandu. Arrive at Kathmandu ( 1300 meter above sea level ). Transfer to hotel. Fresh up and conduct a meeting regarding the information of holy Kailas Manasarovar Yathra with Sharpas and tour leaders. Free for shopping of woolen cloths shoes and the other materials for the travelling purpose. Dinner and night rest Kathmandu hotel.

Vivekananda Travels Pvt. Ltd. Sreekantewara Complex, Kozhikode-4

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0495-2727800 | 2725757 | 2725191 | 8943888843 | 9846098080 (Transport) | 8943888803 (Sales)  
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## Day 3

20.06.2019

Thursday

Breakfast and journey to Pasupathinath temple. Visit Pasupathinath temple and return to hotel for lunch and journey to Nepalgunj By Air- transfer to hotel-Dinner and Night rest at Nepalgunj Hotel

## Day 4

21.06.2019

Friday

Break fast and journey to Simikot ( 3000 meter above sea level ) by Air ( Mini Flight)50 min Journey- transfer to Simikot guest house. Lunch and vist Siva Mandir. Night rest at Simikot Guest house

## Day 5

22.06.2019

Saturday

Early morning breakfast and 30 minutes Helicopter journey to Hilsa, and Transfer to Nepal-Tibet border and Journey to Purang (3900 meter above sea level ) by road ( mini Coach). Transfer to Hotel- Dinner and Night Rest at Purang Hotel.

## Day 6

23.06.2019

Sunday

Rest Day for acclimation at Purang. Over night rest at Purang Hotel ( Breakfast - Lunch-Dinner)

## Day 7

24.06.2019

Monday

3 hours drive to Holy Manasarover lake ( 4500 meter above sea level ) and Parikrama of Manasarovar lake by coach- holy bath at manasarovar pooja and night rest manasarovar guest house

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## Day 8

25.06.2019

Tuesday

2 hours drive to Yamadwar via Darchen and 7 to 8 hours trekking to Deraphuk ( 5160 meter above sea level )- night rest at Deraphuk

## Day 9

26.06.2019

Wednesday

10 to 11 hours trekking to Zuthulphuk( 4670 meter above sea level ) via Dolmala pass( 5650 meter above sea level ) ( it is the highest peak in this prilgrimage) night rest Zuthulphuk Camp

## Day 10

27.06.2019

Thursday

2 hours trekking to end Parikrama and 4 hours drive to Hilsa. Night rest at Hilsa hotel

## Day 11

28.06.2019

Friday

Fly to simikot by helicopter and journey continue to Nepalgunj by mini flight and flight journey continue to Kathmandu. Night rest Kathmandu hotel.

## Day 12

29.06.2019

Saturday

Breakfast and Visit Jalnarayan temple ( sleeping Vishnu) Bakthapur Darbar square, shopping and night rest at Kathmandu hotel

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**Day 13**  
30.06.2019  
**Sunday**

Full day rest at Kathmandu/Free for shopping/Personal Activities. If any passenger would wish to enjoy Mt. Everest flight, may do so, at their own expense.

**Day 14**  
01.07.2019  
**Monday**

Drop at Thripuvan International Airport, Kathmandu for return journey. Night Arrive at Kochi International Airport. Tour End.

## Terms

These booking Terms and conditions contain important information. It is essential that you read them carefully and understand them as they apply to all services provided by Vivekananda Travels Pvt.Ltd.

## Travel Insurance

We advise you to purchase comprehensive travel insurance package against medical, nature calamity, helicopter evacuation, personal accident and cancelation etc. we do not have any insurance policies we sell but it is available from Kathmandu base insurance company. ( The pilgrims who require insurance policy should inform Vivekananda Travels Head Office Before 15 Days Of Tour Starting Date Contact No: 8943888842 Or www.starhealth.in call toll free no: 1800-425-2255 / 1800-102-4477 Or +9779851044186 )

## Cancellation By The Company

We may be obliged to cancel your trip by reasons like border closed, permit not issued or cancelled by the government, war, civil disturbances, strikes, natural disasters, terrorist activities or threat of such and closure of airport etc. Under such circumstance, we cannot make any refund regarding this situation.

## Refund

No refund will be made to any tour member in-case of incomplete pilgrimage due to what so ever reason

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## Age Factor

Please note that Kailash permit will not be issued for the person who is above 70 years old. However, for safety reasons, Vivekananda Travels (P) Ltd has policy that a person of age above 65 years cannot book his/her travel with this company.

## Rules And Regulations

All the flight rates are depending upon the India- Nepal And Tibet/ Chinese air company rules and regulations.

## Includes

- Twin sharing accommodation as per itinerary, wherever available. If not available, accommodation will be allotted only on sharing basis within available facility. Twin Sharing available at Kathmandu-Nepalgunj-Purang only. Common toilet and bathroom facilities available at other places (Simikot-Hilza-Manasarover-Derapjuk-Zuthulphuk etc.)
- Veg Breakfast Lunch and Dinner as per itinerary
- Cochin - Delhi- Kathmandu – Nepalgunj and back Air fare
- Nepalgunj - Simikot- and Back by Mini flight charge
- Simikot- Hilza- Simikot Helicopter Charge
- All AC Road Transport As Per The Itinerary
- One Tour Escort As per the itinerary
- Sharapa Service Charge
- Visa and travel permit charge

## Excludes

- Using extra nights lodging at any place (except those mentioned in itinerary) due to any unforeseen situations like weather, climatic variations, natural calamities, traffic block, flight/helicopter cancellations/delay etc., and any additional expense for such reason should be borne by the pilgrim
- Additional expenses due personal health issues/sickness/death should be borne by the pilgrims/their family.
- Rescue/ evacuation cost or the entire extra cost because of separation from the main group or any kind of serious health conditions
- Pony/Yak/porters for personal use
- Any other services which are not mentioned in above inclusions

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## IMPORTANT PRE-DEPARTURE INFORMATION

### Clothing

Casual wears and comfortable walking shoes are the rule of Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to cold. Indian Pilgrims are advised strictly not to wear Sari during this yatra. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful is a route map, to know where you are going and have been each day.

### What To Take

Winter wear: Gore-Tex material, though expensive, is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust and lip balm. which approved As per the rules and regulations Of the government

### Bring With You

You may bring the snacks for along the way such as chocolates, dry fruits, toffees, glucose, namkeen etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes).

Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, body spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular. The companies Not Allow To take Which is not Approved By India- Nepal And Tibet/china Government Rules and regulations.

### Health

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

### Altitude Sickness

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Purang (4550M) moving on to the higher altitudes.

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Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets.

## Risks & Liability

Vivekananda Travels Pvt. Ltd and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Vivekananda Travels Pvt. Ltd and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, and cancellation/delay of flight, delay arrival, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

- Any decisions to be taken regarding managing crisis situation like unwell pilgrims or regarding mortal remains of the pilgrims should be informed to the company and tour escort at the earliest, without any delay.
- Kailas Yatra is one of the most adventurous and highly risky journey. There are no sufficient hospitals/mortuary facilities enroute and back Kailas Journey.
- In order for safe handling of any unforeseen situation, any close relative of the Kailas Yatra Pilgrim has to sign the declaration form along with his/her reachable contact details

## Required Documents for Kailash Yatra Booking

- Passport valid for at least 6 months
- Passport size photograph of the pilgrim - 4 copies to be submitted during booking
- Age Bar – Up to 60 years old.
- Scan Passport / Xerox copy should reach Vivekananda Travels (p) Ltd, Head office, Branches prior 25 Days.
- Original passport should reach 7 days prior to the yatra at Delhi Office
- A training camp along-with yoga training will be organized at Guruvayur before 41 days of Kailas Yatra starting date. All pilgrims should mandatorily attend the session without fail.

## Mode of Payments

- 25% of the total Tour charge should be remitted while booking for the yatra
- And the balance amount should be remitted to Vivekananda Travels account before 41 days from departure date through bank account only. (Cheque favouring Vivekananda Travels P Ltd are also accepted )

## Tour Cancellation Policy

- All notice of cancellation must be sent to our head office in written
- Verbal cancellations will not be accepted
- INR 10000/- will be deducted against the cancellation performed before 40 days from departure date. Thereafter no refund will be provided by the company.

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